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University of Health Sciences, Lahore

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# Let's Pledge to Defeat Diabetes

## A Hybrid Diabetes Course

Topic	Speakers	Panelists/Moderator	Date/Time
What is diabetes? Diagnosis, classification and Interpretation of Diagnostic Lab tests	Prof. Sajid Abaidullah	<ul style="list-style-type: none"> <li>Prof. Aziz ur Rehman</li> <li>Prof. Dr. Taj Jamshaid</li> </ul>	May 14, 2022 03:00 PM
Glucose homeostasis and Ominous Octet-Basis of diabetes pathophysiology	Prof. Javed Akram	<ul style="list-style-type: none"> <li>Prof. Aftab Mohsin</li> <li>Prof. Tariq Waseem</li> </ul>	May 21, 2022 03:00 PM
Diabetes and Men's health including ED	Prof. Aziz ur Rehman	<ul style="list-style-type: none"> <li>Prof. Zaheer Akhter</li> </ul>	May 28, 2022 03:00 PM
From Obesity to diabetes. Updates on weight reduction	Dr. Tahir Chaudhry	<ul style="list-style-type: none"> <li>Dr. Shazia Zahra</li> <li>Dr. Farzeen Malik</li> </ul>	Jun 04, 2022 03:00 PM
Insulin Resistance - From diagnosis to treatment	Dr. Tania Shakoori	<ul style="list-style-type: none"> <li>Prof. Sajid Obaid ullah</li> <li>Dr. Tahir Ch</li> </ul>	Jun 11, 2022 03:00 PM
An overview of complications associated with insulin resistance - cut the tree not the branches	Dr. Tahir Ghaffar (PWR)	<ul style="list-style-type: none"> <li>Dr. Somia Iqtadar</li> <li>Dr. Tariq Mian</li> </ul>	Jun 18, 2022 03:00 PM
Role of diet & exercise in the management of diabetes	Dr. Tasneem (Wilcare) Or Dr. Shazia Zahra (FMH)	<ul style="list-style-type: none"> <li>Dr. Shehla Javed Akram</li> <li>Dr. Bisma Tahir</li> </ul>	Jun 25, 2022 03:00 PM
Role of conventional oral antidiabetic drugs (metformin, sulphonylurea, thiazolidinediones) in diabetes management	Dr. Hina Javed	<ul style="list-style-type: none"> <li>Dr. Shehla Tabassum</li> <li>Dr. Saeed Ahmad</li> </ul>	Jul 02, 2022 03:00 PM
Role of newer antidiabetic drugs (DPP4i, SGLT2i and GLP1- RA)- over and above glucose control	Prof. Khurshid Khan	<ul style="list-style-type: none"> <li>Dr. Atif Munir</li> <li>Dr. Iltaf Ur Rehman (FBD)</li> </ul>	Jul 09, 2022 03:00 PM
Insulin therapy for type 2 DM - When & How? Conventional VS analogues	Dr. Somia Iqtadar	<ul style="list-style-type: none"> <li>Prof. Sajid Obaid ullah</li> <li>Dr. Arshad Shahood</li> </ul>	Jul 16, 2022 03:00 PM
Diabetes in children - differentiating between type I VS type II, MODY & LADA	Dr. Zareen Kiran (KHI)	<ul style="list-style-type: none"> <li>Dr. Saima Askari (KHI)</li> <li>Prof. Rizwan Zafar</li> </ul>	Jul 23, 2022 03:00 PM
Treating type 1 DM with insulin and orals(?)	Dr. Usman Musharaf (FBD)		Jul 30, 2022 03:00 PM

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Monitoring blood sugar levels - From glucometer to CGM (Freestyle LIBRE)	Abbott sponsor Speaker		Aug 06, 2022 03:00 PM
Hyperglycemia in pregnancy - From diagnosis to postpartum care	Dr. Amena Moazzam	▶ Dr. Ayesha Malik ▶ Dr. Tayabba Waseem	Aug 13, 2022 03:00 PM
Diabetes and vaccination - An excellent way of avoiding big troubles	Prof. Aftab Mohsin		Aug 20, 2022 03:00 PM
Diabetic foot-From DPNP to treatment of foot ulcers.	Dr. Arshad Siddiqui		Aug 27, 2022 03:00 PM
Diabetic kidney disease - From proteinuria to ESRD	Prof. Aizaz Mand Ahmad	▶ Dr. Ali Saqalain Haider ▶ Dr. Irfan Elahi	Sept 03, 2022 03:00 PM
Diabetic Eye Disease	Dr. Zahid Kamal		Sept 10, 2022 03:00 PM
Holistic approach to prevent cardiovascular disease (CVD) in diabetes	Prof. Tariq Waseem		Sept 17, 2022 03:00 PM
Hypoglycemia-how much low is too low? From Pseudo hypo to real hypo	Prof. Zaheer Akhter	▶ Dr. Shehla Tabassum ▶ Dr. Saeed Ahmad	Sept 24, 2022 03:00 PM
Diabetes and depression - A neglected side	Prof. Riaz Bhatti		Oct 01, 2022 03:00 PM
Reversal of Type 2 DM - Myths and realities	Prof. Zaman Sheikh	▶ Prof. Sajid Abaid ullah ▶ Dr. Arshad Shahood	Oct 08, 2022 03:00 PM
Fructose - Feast or poison	Dr. Kaleem Badini (QTA)		Oct 15, 2022 03:00 PM
Mitochondrial dysfunction - Root cause of every chronic metabolic disease	Dr. Jahangir Abbas (MTN)		Oct 22, 2022 03:00 PM
Statins for all Dyslipidemia patients - OK or ??	Dr. Mujeeb ur Rehman (SKR)		Oct 29, 2022 03:00 PM
Meet the Experts Session	All faculty members		

## Certificate and Shield distribution Ceremony



Prof. Javed Akram



Prof. Aziz Ur Rehman



Prof. Tariq Waseem



Prof. Aftab Mohsin



Prof. Sajid Abaidullah



Dr. Somia Iqtadar



Dr. Tariq Mahmood Mian  
President  
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Dr. Saeed Ahmad  
Senior Vice President  
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Dr. Muhammad Tahir Ch.  
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0300 9448693



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Chairman Audit  
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Chairman CME  
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Dr. Muhammad Asim Shaifq  
Chairman Welfare  
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Dr. Shoaib Ahmed  
Chairman Chapter Coordination  
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